

# Discussion and Informed Consent for Root Canal Treatment

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Treatment & Tooth Number(s): \_\_\_\_\_

## Facts for Consideration

*Patient's initials required*

\_\_\_\_\_ Root canal treatment, also called *endodontic treatment*, involves removing the nerve tissue (called *pulp*) located in the center of the tooth and its root or roots (called the *root canal*). Treatment involves creating an opening through the biting surface of the tooth to expose the remnants of the pulp, which are then removed. Medications may be used to disinfect the interior of the tooth to prevent further infection. Root canal treatment may relieve symptoms such as pain and discomfort. If any unexpected difficulties occur during treatment, a general dentist may refer you to an endodontist, who is a specialist in root canal treatment.

\_\_\_\_\_ Twisted, curved, accessory or blocked canal(s) may prevent removal of all of the inflamed or infected pulp. The presence of any residual pulp in the canal(s) may cause your symptoms to continue or worsen. This might require an additional procedure called an *apicoectomy*. A small opening is cut in the gums and surrounding bone; any infected tissue is removed and the canal(s) is sealed. An apicoectomy may also be required if your symptoms continue and the tooth does not heal.

\_\_\_\_\_ Each empty tooth canal(s) that can be located is filled with a material designed specifically for root canal therapy. Sometimes a canal is present but cannot be located. Occasionally, a post is also inserted into the canal to help secure restorations of the tooth. After filling through the opening in the tooth, the tooth is closed with a temporary filling. At a later appointment, a permanent filling or *crown* may be placed. This is a separate dental procedure not included in this discussion.

\_\_\_\_\_ Once the root canal treatment is completed, it is essential to return promptly to begin the next step in treatment. Because a temporary seal is designed to last only a short time, failing to return as directed to have the tooth sealed permanently with a crown or filling can lead to other problems, such as the need to repeat the treatment at an additional cost and deterioration of the seal, resulting in decay, infection, gum disease, fracture and the possible loss of the tooth. Failure to restore a root canal treated tooth may result in fracture and loss of the tooth.

\_\_\_\_\_ Even in cases with no complications where a crown or filling is placed right away, this procedure will not prevent future tooth decay, tooth fracture or gum disease and occasionally a tooth that has had root canal treatment may require endodontic retreatment (repeat), endodontic surgery or tooth extraction.

## Benefits of Root Canal Treatment, Not Limited to the Following:

\_\_\_\_\_ Root canal treatment is intended to extend the lifespan of your tooth, which will help to maintain your natural bite and the healthy functioning of your jaws. This treatment may also be recommended to relieve the symptoms that may be associated with the diagnosis described above.

## Risks of Root Canal Treatment, Not Limited to the Following:

\_\_\_\_\_ I understand that following treatment I may experience bleeding, pain, swelling and discomfort for several days, which may be treated with pain medication. It is possible infection may accompany root canal treatment and may require treatment with antibiotics. I will immediately contact the office or my dentist if my conditions worsen or if I experience fever, chills, sweats, numbness, sinus problems, severe pain or swelling.

\_\_\_\_\_ I understand that all medications have the potential for accompanying risks, side effects and drug interactions. Therefore, it is critical that I tell my dentist of all medications and supplements I am currently taking, which are: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ I understand that holding my mouth open during treatment may temporarily leave my jaw feeling stiff and sore and may make it difficult for me to open wide for several days; this is sometimes referred to as trismus. However, this can occasionally be an indication of a more significant condition or problem. In the event this occurs, I must notify this office if I experience persistent trismus or other similar concerns arise.

\_\_\_\_\_ I understand that occasionally a root canal instrument may separate in a root canal that is twisted, curved or blocked with calcium deposits. Depending on its location, the fragment may be retrieved or it may be necessary to seal it in the root canal (these instruments are made of sterile, nontoxic surgical stainless steel and typically cause no harm). It may also be necessary to perform an apicoectomy as described above to seal the end or lower part of the root canal.

\_\_\_\_\_ I understand that during treatment the root canal filling material may extrude out the root canal into the surrounding bone and tissue. Occasionally, an apicoectomy may be necessary for retrieving the filling material and sealing the root canal.

\_\_\_\_\_ I understand that other complications which may occur include, but are not limited to, perforations (extra openings) of the canal made by an instrument, perforation of the sinus cavity, blocked root canals that cannot be completely cleaned and filled, fracture, chipping or loosening of existing adjacent tooth or crown requiring replacement at an additional cost and temporary or permanent numbness or painful nerve sensations.

\_\_\_\_\_ I understand teeth that have received root canal treatments may become brittle and be more prone to cracking and breaking over time, particularly if the crown is not restored with a large filling or artificial crown, which may require removal and replacement with a bridge, partial denture or implant. In some cases, root canal treatment may not relieve all symptoms. The presence of gum disease (*periodontal disease*) can increase the chance of losing a tooth even though root canal treatment was successful.

\_\_\_\_\_ There is no guarantee of success. I understand that root canal treatment may not relieve my symptoms, and I may need my tooth extracted.

**Check the boxes below that apply to you:**

**Consent**

I have been informed both verbally and by the information provided on this form of the risks and benefits of the proposed treatment.

I have been informed both verbally and by the information provided on this form of the material risks and benefits of alternative treatment and of electing not to treat my condition.

I certify that I have read and understand the above information and that the explanations referred to are understood by me, that my questions have been answered and that the blanks requiring insertions or completion have been filled in. I authorize and direct the doctor to do whatever he/she deems necessary and advisable under the circumstances.

I consent to have the above-mentioned treatment.

While the treatment may be covered by my medical and/or dental insurance, I accept any financial responsibility for this treatment and authorize treatment.

\_\_\_\_\_  
Patient or Patient's Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Dentist Signature

\_\_\_\_\_  
Date